



The Lived Experience Policy

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The Wellness Initiative places a high value on the positive impact that sharing a lived experience can have on a person's mental health, wellness and recovery journey. The lived experience is defined as having experienced distress or difficulty in life, finding a place of wellness and then using that story to create positive change in people's lives.

Recovery-Oriented Practice Specialists

The Wellness Initiative strongly values and holds the belief that everyone is capable of living a meaningful life, as defined by them, and getting well and staying well. All services will place recovery at the centre of its practice and will aim towards providing the best recovery-oriented services in Australia.

Valuing Lived Experience Staff

The Wellness Initiative prides itself in being a Peer-led social enterprise and aims to provide employment for staff that have a lived experience of a mental health recovery journey and/or alcohol and other drug recovery journey. When employing staff, *The Wellness Initiative* will take a person's lived experience as a positive attribute and skillset.

Valuing Education and Expertise

The Wellness Initiative places value on employing staff with an education and expertise in mental health, addiction studies and recovery-oriented practice. Each staff member will hold a relevant qualification to their role, or relevant prior experience in a similar role.

Relevant Documentation

National Mental Health Standards – Standard 2: Safety

National Mental Health Standards – Standard 3: Consumer and Carer Participation

National Mental Health Standards – Standard 4: Diversity Responsiveness

National Mental Health Standards – Standard 5: Promotion and Prevention

National Mental Health Standards – Standard 8: Governance, Leadership and Management

National Disability Insurance Scheme (Practice Standards – Worker Screening) Rules 2018

NDIS Practice Standard: Human Resource Management



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