



Personal Choice Policy

Issue Number: 1

Review Date: July 2020

Having the personal choice to determine one's life is an important value of *The Wellness Initiative*. Participants will be encouraged to define what a meaningful life is to them and have the right to make their own decisions. By empowering participants in personal choice, we are encouraging steps in the direction of independence for themselves, and aiming for eventually not needing the service.

Person-Centred Practice

The Wellness Initiative aims to take the term *person-centred* practice seriously and walk alongside participants to achieve their goals and support them in the direction of what a meaningful life is, as defined by them. All decisions made by *The Wellness Initiative* will be in the best interest of participants and will aim to include the voice of participants and lived experience where possible in each decision-making process. The social enterprise values co-production and co-design.

Ability to Changing Services

Participants of *The Wellness Initiative* are able to request changes they wish to make on their service agreements with *The Wellness Initiative*. *The Wellness Initiative* will do its best to accommodate participants' preferences for time, day and amount of service, as well as best match staff members to participant goals and requests with the only exclusions being in relation to funding and staffing availability.

Relevant Documentation

National Mental Health Standards – Standard 1: Rights and Responsibilities

National Mental Health Standards – Standard 3: Consumer and Carer Participation

National Mental Health Standards – Standard 6: Consumers

National Mental Health Standards – Standard 10: Delivery of Care

NDIS Code of Conduct

NDIS Practice Standard: Person-Centred Supports

NDIS Practice Standard: Independence and Informed Choice

NDIS Practice Standard: Continuity of Supports

NDIS Practice Standard: Access to Supports

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NDIS Practice Standard: Support Planning

NDIS Practice Standard: Service Agreements

NDIS Practice Standard: Responsive Support Provision

NDIS Practice Standard: Transitions to and from a Provider

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